

# KIT LIST:

## PERSONAL ESSENTIALS

- Mountain bike specific helmet.
- Mountain bike specific shoes (can also work a hike shoes)
- Bike gloves
- Glasses
- Waterproof jacket
- Biking shorts (at least 2 pairs)
- Long-sleeved base layers (merino wool ideal)
- Short-sleeved and long-sleeved biking tops.
- Socks (at least 4 pairs)
- Warm down jacket for evenings
- Buff (neck gaitor)
- Hat and gloves
- Sunscreen
- Hydration system (Camelback ideal)
- 20L (minimum) daypack with rain cover.
- Extra camera batteries and memory card.

## OWN BIKE ESSENTIALS

- Bike specific brake pads (x3 sets)
- Tubeless tires
- Bottle of tubeless fluid (x2)
- Bicycle repair kit and mini pump
- Chain specific 'quick link'
- Professional service, including suspension must be undertaken prior to trip
- If there are parts unique to your bike, please bring spare(s) of these
- Extra battery for the bike
- Battery charger

**These items are noted as 'ESSENTIAL' for very good reasons!  
For your own safety & comfort please bring them all.**